

# **Preparing for Conversations with Adult Social Care**

After the first carers space meeting some carers asked for new information to be developed to help people and carers understand and prepare for conversations with Adult Social Care.

Suzanne Kerwin from Notts County Council has agreed to co-design some new information about this and would like some carers and people with lived experience to help her do this.

#### Aim of the work

To help people who use adult social care and family carers understand what to expect from a review or assessment conversation with Notts County Council.

To help people feel ready for a conversation with a social care worker by preparing questions they may want to ask.

To encourage people to think about what is important to them and what information they want to share.

## What tasks would we like carers to help with?

To design information for people who use adult social care services and their family carers to help people prepare for assessment or review conversations.

### How long will the work take?

The work is planned to start in mid to late April 2022. Initially there will be 4 meetings to complete the work. The dates and times of these will be arranged to suit the people who request to be involved. If any further meetings are needed after this, it will be discussed with the people involved.

# How will meetings work?

Meetings will be held on Microsoft Teams with a small mixed group of staff, people with lived experience of social care and family carers.

# How can carers get involved?

If anyone is interested in getting involved in this piece of work, please contact Suzanne.

Contact Suzanne Kerwin on <a href="mailto:suzanne.kerwin@nottscc.gov.uk">suzanne.kerwin@nottscc.gov.uk</a>